

# IL PARADISO

D I F R A N C E S C A

TREATMENTS

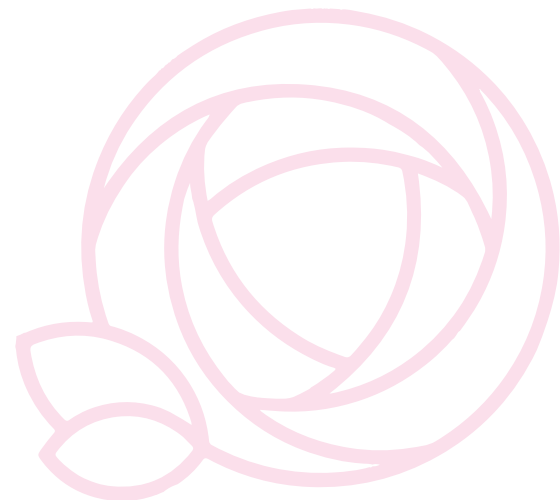




Welcome to our wellness  
journey

## AWAKEN YOUR BEAUTY

A unique sensory experience awaits you at Il Paradiso di Francesca. A suggestive place where you can close your eyes and indulge in emotions. Choose one of our signature massages or an exclusive ritual to rebalance your energies. For those who are looking for a safe and long-lasting result against imperfections, Il Paradiso di Francesca offers latest generation products and facial and body treatments. Innovative technologies restore face and body. The Skeyndor cosmetic line, based on effective precision formulas, tested in over 50 years of study, consists of high-performance cosmetics and a SPA line rich in enveloping textures.





SKEYNDOR  
SPA SENSES  
CREMA DE MASAJE DE CANNABIS  
CANNABIS MASSAGE CREAM  
CALMANTE | CALMING

SKEYNDOR  
SPA SENSES  
EXFOLIANTE DE SALES TERMALES  
THERMAL SALT PEEL  
SUPER STRONG

SKEYNDOR  
SPA SENSES  
LECHE FLUIDA CORPORAL DE ORQUÍDEAS Y ROSAS SILVESTRES  
ORCHID AND WILD ROSES BODY LOTION  
HIDRATANTE  
HYDRATING

SKEYNDOR  
SPA SENSES  
ESENCIA DE LAVANDA Y CANELA  
LAVENDER & CINNAMON ESSENCE  
ANTI STRESS  
ANTI STRESS

SKEYNDOR  
SPA SENSES  
ESENCIA DE JENGIBRE Y NARANJA AMARGA  
GINGER & BITTER ORANGE ESSENCE  
RE-ENERGIZANTE  
RECHARGING

SKEYNDOR  
SPA SENSES  
VELA DE MASAJE DE SOJA Y NARANJA  
SOY & ORANGE MASSAGE CANDLE  
RELAJANTE  
RELAXING

## LUXURY TREATMENTS

*Lasciati coccolare con cosmetici lussuosi e massaggi sofisticati*

### CINQ SENS TOTAL BODY

100' - € 220

Pure luxury for a dreamy skin. An exclusive face and body treatment, performed on the charming Aemotio spa bed. The ritual begins with a body peeling with Canadian salt followed by a rebalancing body wrap, while hands and feet are pampered in a creamy moisturizing mask. After that, an anti-stress, anti-wrinkle or moisturizing treatment gives wellness, beauty and radiance to your face. The ritual ends with a deep relaxing massage.

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### FOUR HAND MASSAGE

45' - € 160

A pleasant combination of soft and relaxing touches on the whole body. Two therapists work in synchronized harmony to relieve tension and give total well-being.

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### HOT STONE MASSAGE

70' - € 130

A special technique that enhances body and mind relaxation. This massage features the use of hot volcanic stones placed on specific points of your body.



## EXCLUSIVE RITUALS

*Bring body and mind into perfect harmony*

### ENERGIZING BODY RITUAL

80' - € 150

Precious sensory experience that opens with some deep tissue maneuvers accompanied by the intense aroma of the spa essence. The ritual continues with a regenerating peeling with Dead Sea salts rinsed under the hot rain of the Vichy showers. The treatment ends with a sapphire body wrap followed by a relaxing and anti-fatigue massage with hematite gel and semi-precious stones.

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### REMINERALIZING BODY RITUAL

80' - € 150

Energizing body treatment starting with a moisturizing Canadian salt peeling rinsed under the hot Vichy showers. The ritual continues with a hydrating body wrap with steam bath followed by a relaxing massage until complete absorption. Your skin regains vitality, hydration and elasticity. At the beginning of the treatment you will be invited to choose the fragrance that best suits your emotional state.

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### PURIFYING BODY RITUAL

80' - € 150

Purifying and regenerating body treatment that opens with an emollient peeling and a green tea and ginger body wrap with steam bath. The body is then rinsed under the warm jet of vichy showers. The ritual ends with a relaxing massage. The skin regains radiance and elasticity.



## CIRCULATION BODY RITUAL

80' - € 150

Draining and stimulating body treatment that starts with an emollient peeling and a cold gel wrap with glacier water. The body is then rinsed under the warm jet of the Vichy showers. The ritual ends with a circulatory draining massage aimed at reactivating the circulation and drain excess fluids. The skin regains tone and luminosity.

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## MOROCCAN OASIS RITUAL

70' - € 150

This treatment is inspired by the Berber wedding ceremony as a purification of body and spirit. The scrub with Moroccan black soap and Kassa glove helps body to eliminate impurities and lives your skin smooth and velvety. After that, the remineralizing body wrap with hematite deeply moisturizes. The whole ritual takes place under a hot steam cloud.



# Pure Scrubs



## PEELING RITUAL

*Renew your skin with the jewels of nature selected for you by Skeyndor*

### THERMAL SALT PEELING

40' - € 60

The exfoliating particles, an age-old gem from Salies-de-Béarn, contain a concentrated composition of mineral content for an intense renewal of the skin and a refreshing and energising sensorial experience.

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### CHARCOAL MUD PEEL

40' - € 60

Organic mud and charcoal cleanse, smooth and purify the skin. The result: the remineralising and detoxifying effect of nature, thanks to the fine particles of black sand, which provide a natural and deep exfoliation, and the purifying and absorbing properties of charcoal.

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### ORANGE AND APRICOT CREAM PEEL

40' - € 60

Orange, apricot kernel and grape microparticles cleanse, smooth and moisturise the skin to renew and oxygenate the body. These jewels restore the skin's radiance thanks to their medium exfoliating power.

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### SESAME AND AVOCADO BUTTER PEEL

40' - € 60

Avocado and sesame oil gently exfoliate and nourish the skin to leave it moisturised and soft. The nourishing power of nature provides all the softness your body needs.

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### POPPY SEED BUTTER PEEL

40' - € 60

The precious poppy seeds are combined with emollient butter to offer a medium-strong exfoliation that leaves the skin smooth and silky. Part of the peeling is performed with special brushes for a unique sensory experience.



Ingredients that awaken  
all your senses

## SIGNATURE MESSAGES

*The best massage techniques to regain psychophysical well-being*

### INDIAN ROOTS

#### CUSTOMIZED AYURVEDIC FULL BODY MASSAGE/ABHYANGAM

50' - € 120

Relaxing and rebalancing full-body Ayurvedic massage with warm oil. It prevents aging and increases longevity, removes fatigue and stress from daily life, nourishes the body and promotes sturdiness. Oils and strokes are customized according to body type and body condition.

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#### AYURVEDIC HEAD MASSAGE/SHIROABHYANGAM

30' - € 60

A revitalising head, shoulder and neck massage. Inner organs are harmonised and the entire head area is released from emotional and mental burdens by the gentle touching of energy points.



Priceless  
Massages

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## PINDA SWEDA AYURVEDIC MASSAGE

50' - € 120

Ayurvedic massage performed with special warm cotton bags (Pinda) containing a special blend of herbs and spices. It prevents degeneration of joint tissues and wasting of muscles, enhances flexibility and movement of joints, improves blood circulation.

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## SHIRODHARA AYURVEDIC MASSAGE

50' - € 120

It is a form of Ayurveda therapy that involves gently pouring warm oil over the forehead. The name comes from the Sanskrit words “shiro” (head) and “dhara” (flow). It is used to treat a variety of conditions including stress, insomnia and any ill effects on the central nervous system.

## DEEP PACIFIC

## DREAMTIME RELAXATION

70' - € 130

A deeply relaxing face and body massage. The warm Tiaré candle oil opens the ritual that continues with the application of specific cosmetics on each area of the body, including face and hands.

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## RELEASING DE-TENS THERAPY

25'/50'/80' - € 60/110/150

Tailor-made massage based on the emotional and physical needs of the moment. It combines deep tissue, draining and relaxing techniques to bring a sense of total relaxation.

*All massages can be enjoyed in pairs in our Romantic Cabin.*





## FACIAL TREATMENTS

*The ultimate treatments for face rejuvenation*

### OXYGEN INFUSION

60' - € 170

Gentle customized treatment to restore facial volume, awaken dull and dead skin or fill small wrinkles. The high concentrated active ingredients are conveyed through oxygen in a non-invasive way. Your skin regains hydration, nourishment and brightness.

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### TIMELESS PRODIGY FACIAL TREATMENT

75' - € 155

Revolutionary global anti-aging treatment formulated with 50 million of Damask Rose stem cells, white truffle and 5 growth factors. It acts on gene expression and stimulates the formation of new cells. Wrinkles and expression lines are attenuated, your skin looks visibly bright and firm.

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### CORRECTIVE FACIAL TREATMENT

60' - € 140

Inspired by the most innovative anti-aging medical-aesthetic treatments, this treatment is ideal for correcting deep wrinkles and expression lines. Formulated with botox-like active ingredients, it fills wrinkles, reduces muscle contraction and replenishes skin tissue with a botox and filler effect. It is performed with the use of technology.

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### GLOBAL LIFT FACIAL TREATMENT

60' - € 140

Intensive lifting treatment designed for mature or photo-aged skin characterized by loss of elasticity and tone. Based on ProGEN-In technology, the last frontier of cosmogenetics, this treatment improves the functionality of cells with a slowed metabolism, redefining face and neck volume. It is performed with the use of technology.

## FACIAL FLASH UP

25' - € 60

Deep moisturizing/anti-wrinkle/anti-stress flash facial treatment to restore wellness, beauty and radiance.

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## PHISIOROULLAGE

30' - € 90

Deep facial massage acting on mimic muscles to relieve tension, illuminate and oxygenate your skin that regains its tonicity, radiance and freshness.

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## KO BI DO FACIAL MASSAGE

35' - € 85

Coming from Japan, the Ko Bi Do facial massage is also known as the eternal youth massage or the ancient samurai massage. Thanks to the stimulation of deep musculature, soft touches and deep tissues, it is a real natural lifting. Your skin looks immediately toned, smoothed and plumped. This treatment is conceived to restore mind and body to a new harmony.



## FACE ADVANCED AESTHETICS

*The most performing technologies to obtain visible results*

### FACIAL MICRONEEDLING

Minimally invasive skin rejuvenation and revitalization procedure, also known as collagen induction therapy. It works particularly on wrinkles, loss of firmness, dark spots, pores and post-acne or wound scars. A skin pen creates micro-channels that enhances the absorption of active ingredients. In this way the body activates the skin's natural healing process boosting collagen and elastin production.

Face	€ 200
Face and mouth	€ 240
Face and décolleté	€ 260
Face, mouth and décolleté	€ 300
Mouth	€ 90
Décolleté	€ 90
Dark circles	€ 60

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### FACE LASER PHOTOREJUVENATION

60' - € 180

Laser technology is a safe, powerful, painless and fast treatment to fight the typical signs of the passage of time: in fact, over the years the skin progressively appears dull and loses elasticity. Through biostimulation it is possible to treat superficial fine wrinkles, skin relaxation, enlarged pores and dull skin.

## HYALURON PEN LIP FILLER

45' - € 280

Thanks to Hyaluron Pen technology, that allows us to convey active ingredient for filler treatments without needles, it is possible to obtain a volumetric increase in the lip thanks to the use of cross-linked hyaluronic acid. This device in the aesthetic field allows us to obtain a totally safe filler effect to improve and increase the volume of the lips without the use of needles since the product is conveyed with to the pressure exerted by the device itself.

## HYALURON PEN BIOREVITALIZATION

45' - € 190

Needle-free biorevitalization represents one of the new frontiers in the aesthetic field. The effect that can be obtained is that of a stimulation of cellular activities in order to reproduce the conditions of a young and healthy skin. Wrinkles, loss of tone, low light, loss of elasticity and uneven texture can be treated. This procedure foresees the use of specific cocktail according to customer needs.



# BODY ADVANCED AESTHETICS

*Treat yourself to a perfect silhouette with our revolutionary body treatments*

## BODY MICRONEEDLING

Minimally invasive body reshaping and skin rejuvenation procedure, also known as collagen induction therapy. It works particularly on cellulite, fat accumulation, stretch marks and scars. A skin pen creates micro-channels that enhances the absorption of active ingredients. In this way the body activates the skin's natural healing process boosting collagen and elastin production.

Full leg	€ 230
Half leg	€ 120
Thigh	€ 150
Abdomen	€ 150
Gluteus	€ 150
Spots or scars or stretch marks	€ 50

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## BODY SCULPT SLIM DRONE

50' - € 130

State of the art method to fight cellulite and skin laxity. Thanks to the exclusive patented technology, the drone penetrates inside the target cell by endocytosis and releases the active ingredient. The high cellular selectivity makes it considerably more effective than other release systems. Particularly suitable in case of hard cellulite, edematous cellulite, loss of tone.

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## BODY SCULPT DESTOCK CONTOURING

60' - from € 130

3-phase intensive treatment of fibrous cellulite and fat: radiofrequency phase that stimulates blood circulation, ultrasound phase with fat burning effect and draining phase with skin tightening effect.

## BODY SCULPT SHOCK

60' - € 130

3-phase intensive slimming treatment ideal for localized fat deposits: peeling phase that renews skin, shock cavitation phase that melt fat deposits and re-shaping phase that helps drain waste products.

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## BODY SCULPT DRAINING

60' - € 130

2-fase professional body treatment for circulatory reactivation and deep drainage: biphasic massage concentrate with anti-edematous effect and decongestant wrap with pressotherapy for belly and legs fat reduction.

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## ENERGY BODY

60' - € 130

Treatment using deep heat therapy and biostimulating LED light. Thanks to a slight rise in body temperature in the treated areas and the application of specific products for localized fat and retention, it is ideal for abdomen, waist, hips, buttocks, thighs and arms.





# EYELASHES AND EYEBROWS

*How to create a dramatic and intense look*

## VOLUME EYELASH EXTENSIONS

90' - € 140

This is an advanced application technique that provides a soft voluminous appearance and creates the illusion of having more natural eyelashes. You can apply several individual extensions to every natural lash. Lashes are available in different curls, thicknesses and lengths to suit your style. Lash extensions last through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, a refill is needed to maintain a full look.

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## VOLUME EYELASH EXTENSIONS REFILL

60' - € 90

A refill is needed to fill in any lashes that have fallen due to the natural cycle of your own lashes, typically every 3-4 weeks.

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## ONE TO ONE EYELASH EXTENSIONS

80' - € 100

Eyelash extensions are applied to your own natural lashes, one by one, to give the illusion of wearing mascara. Lashes are available in different curls, thicknesses and lengths to suit your style. Lash extensions last through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, a refill is needed to maintain a full look.

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## ONE TO ONE EYELASH EXTENSIONS REFILL

60' - € 75

A refill is needed to fill in any lashes that have fallen due to the natural cycle of your own lashes, typically every 3-4 weeks.

## LASH LIFT TREATMENT

55' - € 65

Treatment that instantly gives your lashes lift, curling, separation and extra definition. Thanks to the use of ingredients like amino-acids, keratin and argan oil, this technique nourishes and strengthens your natural lashes. Ideal for straight, sloping, dry and damaged lashes. Lash lift treatment lasts through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, it is possible to repeat the treatment.

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## EYEBROW LAMINATION

55' - € 50

Treatment that will help give you a uniform and full eyebrow shape. This is the ultimate solution for eyebrows that do not have symmetry or where the hairs follow a different pattern. With lamination we can realign the eyebrows in such a way to give them the desired shape you want and a fuller look. Lamination lasts typically 3-4 weeks. After this period, it is possible to repeat the treatment.

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## HENNA EYEBROW TINTING

60' - € 60

It is a form of semi-permanent eyebrow tinting made with natural dye. It lasts 3-4 weeks. It is ideal for those who want to correct the shape of their eyebrows, have thicker eyebrows, fill areas where there is no hair. Unlike traditional tinting, which only colors existing hair, Henna tinting dyes hair and skin allowing a complete redefinition of the eyebrows.

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## EYELASH OR EYEBROW TINTING

35' - € 35

Eyelash or eyebrow tinting gives you a dramatic look, without the need for make up. Eyelashes appear noticeably darker and longer while eyebrows look thicker and more defined. Both the treatment last 3-4 weeks. After this period, it is possible to repeat them.



## AESTHETICS

*The best beauty and wellness treatments for hands and feet*

### SPA MANICURE WITH VINYLUX POLISH

60' - € 38

A wellness and beauty treatment for your hands including nail shape, cuticle care, gentle scrub, massage with moisturising cream and Vinylux long-lasting polish available in a wide range of colors.

### SPA PEDICURE WITH VINYLUX POLISH

60' - € 58

A wellness and beauty treatment for your feet on a jacuzzi spa chair. It includes nail shape, cuticle care, gentle scrub, massage with moisturising cream and Vinylux long-lasting polish available in a wide range of colors.

### VINYLUX POLISH CHANGE

20' - € 18

Nail shape and Vinylux long-lasting polish available in a wide range of colors.

### SPA MANICURE WITH SHELLAC GEL POLISH

60' - € 73

A wellness and beauty treatment for your hands including nail shape, cuticle care, gentle scrub, massage with moisturising cream and Shellac gel polish available in a wide range of colors.

### SPA PEDICURE WITH SHELLAC GEL POLISH

60' - € 93

A wellness and beauty treatment for your feet on a jacuzzi spa chair. It includes nail shape, cuticle care, gentle scrub, massage with moisturising cream and Shellac gel polish available in a wide range of colors.



CND. SPA

GARDENIA WOODS' SCRUB

santalwood & chamomile

240 mL (8.4 fl oz)

CND. SPA

BRIGHT CITRON' SOAK

kaffir lime & honey

400 g (14.1 oz)

CND. SPA

GARDENIA WOODS' SOAK

santalwood & chamomile

410 g (14.4 oz)

CND. SPA

CUCUMBER HEEL THERAPY

callus smoother

8 OZ/236 mL

CND. SPA

BRIGHT CITRON' LOTION

kaffir lime & honey

248 mL (8.4 fl oz)

## SHELLAC GEL POLISH WITH DRY MANICURE/PEDICURE

45' - € 45

Nail shape, cuticle care with electric file, and Shellac gel polish available in a wide range of colors.

## NAIL EXTENSIONS

80' - € 130

Full set of nail extensions. Manicure can be customized with a maximum of 2 decorations.

## NAIL REFILL

60' - € 75

Nail Extensions Refill. It is done every 3 weeks and includes maximum 3 broken nails and 2 decorations.

## NATURAL NAIL OVERLAY

60' - € 90

A coat of gel on top of your natural nails. Manicure can be customized with a maximum of 2 decorations.

## COLOR CHANGE

30' - € 35

Nail shape and application of a new color on nail extensions. It is done maximum 2 weeks after nail extensions or refill.

## COMBI STYLE MANICURE

60' - € 60

Customized manicure ideal in case of imperfect nails. Thanks to a combination of systems and technologies, it is possible to strengthen and extend natural nails, obtaining perfect length, shape and glistening.





## HAIR REMOVAL

*The traditional and permanent hair removal methods*

### SKIN'S BRAZILIAN WAXING

Skin's is the innovative brazilian method for a gentle, long-lasting and effective waxing. It has a much lower temperature of use and does not requires strips. It is almost painless and ideal for sensible skins and in case of folliculitis. The skin remains moisturized, soft and silky for a long time.

Full leg	€ 45,00
Half leg	€ 24,00
Hollywood bikini	€ 35,00
Brazilian bikini	€ 26,00
Calssic bikini	€ 21,00
Full arm	€ 29,00
Half arm	€ 21,00
Underarm	€ 20,00
Eyebrow	€ 13,00
Upper lip	€ 10,00

*\*Men's price list may vary.*

### PERMANENT HAIR REMOVAL

The new DG-8 Laser 810 nm delivers an innovative and effective hair removal system that is also guaranteed to be quicker than other hair removal systems. Results can be seen after just one treatment and are permanent over time, ensuring perfectly smooth skin for longer. Suitable for all phototypes and hair (except for white hair), laser hair removal is safe and painless and helps prevent irritation redness, even for lighter hair.

Full leg	€ 85,00
Half leg	€ 60,00
Complete bikini	€ 40,00
Partial bikini	€ 35,00
Arm	€ 45,00
Underarm	€ 35,00
Upper lip	€ 15,00

*\*Men's price list may vary.*

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# Pure Scrubs







**IL PARADISO**  
D I F R A N C E S C A



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Open Monday to Sunday from 10:00 am to 7:00 pm