



IL PARADISO

D I F R A N C E S C A



TREATMENTS





Awaken your Beauty

Il Paradiso di Francesca Wellness Center welcomes you in the heart of Forte dei Marmi, a stone's throw from the sea, for luxurious moments of pleasure. A holistic approach with scents and textures combined to provide a total wellness experience.

The ultimate active ingredients work in synergy with the expert hands of therapists and the most innovative technologies to restore face and body.

Il Paradiso di Francesca offers a selection of prestigious cosmetics to recreate the sensations experienced during treatments and prolong their effects even at home.

The cosmetic lines Babor and Skeyndor, in over 50 years of history, have developed the concept of Scientific Cosmetics, based on precision formulas for maximum efficacy and compatibility, studied by interdisciplinary teams of scientists and representatives of the academic world.



Cinq Sens Total Body

100' – Euro 220

Pure luxury for a dreamy skin. An exclusive face and body treatment, performed on the charming Aemotio spa bed. The ritual begins with a body peeling with Canadian salt followed by a rebalancing body wrap, while hands and feet are pampered in a creamy moisturizing mask. After that, an anti-stress, anti-wrinkle or moisturizing treatment gives wellness, beauty and radiance to your face. The ritual ends with a deep relaxing massage.

Sapphire Experience

75' – Euro 150

Precious sensory experience that opens with some deep tissue maneuvers accompanied by the intense aroma of the spa essence. The ritual continues with a regenerating peeling with Dead Sea salts rinsed under the hot rain of the Vichy showers. The treatment ends with a sapphire body wrap followed by a relaxing and anti-fatigue massage with hematite gel and semi-precious stones.

Shaping

75' – Euro 150

A holistic ritual with specific active ingredients to remodel and redefine your silhouette. The treatment begins with a gentle exfoliation with blueberry seeds and continues with a warming body wrap enriched with Eifel mineral mud, for a re-shaping effect, or spirulina algae, for a detox effect. The treatment ends with the application of a specific cream massaged until complete absorption with draining and reducing maneuvers.

Aromatic Acquarelax

75' - Euro 150

Energizing body treatment starting with a moisturizing Canadian salt peeling rinsed under the hot Vichy showers. The ritual continues with a hydrating body wrap with steam bath followed by a relaxing massage until complete absorption. Your skin regains vitality, hydration and elasticity. At the beginning of the treatment you will be invited to choose the fragrance that best suits your emotional state.

Moroccan Ritual

70' - Euro 150

This treatment is inspired by the Berber wedding ceremony as a purification of body and spirit. The scrub with Moroccan black soap and Kassa glove helps body to eliminate impurities and lives your skin smooth and velvety. After that, the remineralizing body wrap with hematite deeply moisturizes. The whole ritual takes place under a hot steam cloud.

Moisturizing or Anti-Age/Firming Body Wrap

40' - Euro 80

Moisturizing body wrap with vitamins A, C and E, or anti-age/firming, with Sorbo Ciavardello stem cells. The body wrap is massaged until absorbed. After the treatment, your skin looks smooth and firm.

Body Peeling with Steam Bath

55' – Euro 90

The exfoliating action of the mechanical peeling renew and smooth your skin while the steam bath has a detoxifying and purifying effect. A gentle massage with moisturizing cream completes the treatment.

Body Peeling

40' - Euro 60

The exfoliating action of the mechanical peeling renew and smooth your skin that looks homogeneous and velvety. A gentle massage with moisturizing cream completes the treatment.



Customized Ayurvedic Full Body Massage/Abhyangam

50'/75'/90' - Euro 100/130/150

Relaxing and rebalancing full-body Ayurvedic massage with warm oil. It prevents aging and increases longevity, removes fatigue and stress from daily life, nourishes the body and promotes sturdiness. Oils and strokes are customized according to body type and body condition.

Ayurvedic Foot and Leg Massage/Padabhyangam

25'/50' – Euro 55/100

The foot massage has a particularly positive effect on all the organs, by stimulating the energy points, and produces a feeling of wellbeing throughout the body. The leg massage works on lymphatic and circulatory system, muscles, fat accumulations and water retention.

Ayurvedic Back Massage/Thandabhyangam

25'/50' – Euro 55/100

Complete back and neck massage, with warm oil, specific to relieve muscle tension and improve vertebral column flexibility.

Ayurvedic Draining Massage/Phenakam

25'/50' – Euro 55/100

Lymphatic drainage massage that improves the flow of lymph and the blood circulation. It also promotes the elimination of water and toxins from the body.

Ayurvedic Head Massage/Shiroabhyangam

30' – Euro 60

A revitalising head, shoulder and neck massage. Inner organs are harmonised and the entire head area is released from emotional and mental burdens by the gentle touching of energy points.

Pinda Sweda Ayurvedic Massage

50' – Euro 120

Ayurvedic massage performed with special warm cotton bags (Pinda) containing a special blend of herbs and spices. It prevents degeneration of joint tissues and wasting of muscles, enhances flexibility and movement of joints, improves blood circulation.

Shirodhara Ayurvedic Massage

50' – Euro 120

It is a form of Ayurveda therapy that involves gently pouring warm oil over the forehead. The name comes from the Sanskrit words “shiro” (head) and “dhara” (flow). It is used to treat a variety of conditions including stress, insomnia and any ill effects on the central nervous system.

Four Hand Massage

45' – Euro 160

A pleasant combination of soft and relaxing touches on the whole body. Two therapists work in synchronized harmony to relieve tension and give total well-being.

Cinq Sens Massage

65' – Euro 130

A deeply relaxing face and body massage. The warm Tiaré candle oil opens the ritual that continues with the application of specific cosmetics on each area of the body, including face and hands.

Hot Stone Massage

70' - Euro 130

A special technique that enhances body and mind relaxation. This massage features the use of hot volcanic stones placed on specific points of your body.

Tailor-Made Massage

50'/75'/90' - Euro 110/140/160

Tailor-made massage based on the emotional and physical needs of the moment. It combines deep tissue, draining and relaxing techniques to bring a sense of total relaxation.

All massages can be enjoyed in pairs in our Romantic Cabin.



Facial Microneedling

Minimally invasive skin rejuvenation and revitalization procedure, also known as collagen induction therapy. It works particularly on wrinkles, loss of firmness, dark spots, pores and post-acne or wound scars. A skin pen creates micro-channels that enhances the absorption of active ingredients. In this way the body activates the skin's natural healing process boosting collagen and elastin production.

<i>Face</i>	Euro 200
<i>Face and Mouth</i>	Euro 240
<i>Face and Décolleté</i>	Euro 280
<i>Face, Mouth and Décolleté</i>	Euro 350
<i>Mouth</i>	Euro 90
<i>Décolleté</i>	Euro 90
<i>Dark Circles</i>	Euro 90

Oxygen Infusion

60' - Euro 190

Gentle customized treatment to restore facial volume, awaken dull and dead skin or fill small wrinkles. The high concentrated active ingredients are conveyed through oxygen in a non-invasive way. Your skin regains hydration, nourishment and brightness.

Babor Sea Creation Facial Treatment

75' - Euro 230

Timeless beauty cradled by the sound of the sea. Let your face enjoy pure pleasure in a luxury atmosphere. Your skin is completely regenerated thanks to the active ingredients extracted directly from the depths of the sea and from its treasures like the pearl.

Timeless Prodigy Facial Treatment

75' - Euro 155

Revolutionary global anti-aging treatment formulated with 50 million of Damask Rose stem cells, white truffle and 5 growth factors. It acts on gene expression and stimulates the formation of new cells. Wrinkles and expression lines are attenuated, your skin looks visibly bright and firm.

Babor ReVersive Facial Treatment

60' - Euro 150

Luxurious sensory experience to achieve perfect beauty. Thanks to the exclusive Babor Rose extract, enriched with vitamins and active ingredients formulated to slow down the aging process and promote cell regeneration, your skin looks visibly younger, relaxed and hydrated.

Babor High Skin Refine Facial Treatment

70' - Euro 150

Advanced anti-wrinkle lifting treatment that fights the loss of tone and reduces gravitational and expression wrinkles, thanks to its luxury high-performance active ingredients.

Facial Flash Up

25' - Euro 60

Deep moisturizing/anti-wrinkle / anti-stress flash facial treatment to restore wellness, beauty and radiance.

K-Bio Facial Treatment

60' – Euro 140

Tailor-made facial treatment designed to address your skincare concerns. It is performed with K-Bio fluids and the use of technology.

Corrective Facial Treatment

60' – Euro 130

Inspired by the most innovative anti-aging medical-aesthetic treatments, this treatment is ideal for correcting deep wrinkles and expression lines. Formulated with botox-like active ingredients, it fills wrinkles, reduces muscle contraction and replenishes skin tissue with a botox and filler effect. It is performed with the use of technology.

Global Lift Facial Treatment

60' – Euro 130

Intensive lifting treatment designed for mature or photo-aged skin characterized by loss of elasticity and tone. Based on ProGEN-In technology, the last frontier of cosmogenetics, this treatment improves the functionality of cells with a slowed metabolism, redefining face and neck volume. It is performed with the use of technology.

Skin Diagnosis

15' – Euro 30

A technology for the diagnosis of facial skin based on the measurement of 7 essential parameters: skin type, hydration level, pore size, wrinkle condition, pigmentation, acne, thickness of skin. After the analysis, the device suggests the best treatments and home care products to address your skin concerns.

Phisioroullage

30'- Euro 90

Deep facial massage acting on mimic muscles to relieve tension, illuminate and oxygenate your skin that regains its tonicity, radiance and freshness.

Ko Bi Do Facial Massage

35'- Euro 85

Coming from Japan, the Ko Bi Do facial massage is also known as the eternal youth massage or the ancient samurai massage. Thanks to the stimulation of deep musculature, soft touches and deep tissues, it is a real natural lifting. Your skin looks immediately toned, smoothed and plumped. This treatment is conceived to restore mind and body to a new harmony.





Body Microneedling

Minimally invasive body reshaping and skin rejuvenation procedure, also known as collagen induction therapy. It works particularly on cellulite, fat accumulation, stretch marks and scars. A skin pen creates micro-channels that enhances the absorption of active ingredients. In this way the body activates the skin's natural healing process boosting collagen and elastin production.

<i>Full Leg</i>	Euro 230
<i>Half Leg</i>	Euro 120
<i>Thigh</i>	Euro 150
<i>Abdomen</i>	Euro 180
<i>Gluteus</i>	Euro 150
<i>Spots or Scars or Stretch Marks</i>	Euro 50

Body Sculpt Slim Drone

50' – Euro 130

State of the art method to fight cellulite and skin laxity. Thanks to the exclusive patented technology, the drone penetrates inside the target cell by endocytosis and releases the active ingredient. The high cellular selectivity makes it considerably more effective than other release systems. Particularly suitable in case of hard cellulite, edematous cellulite, loss of tone.

Body Sculpt Destock Contouring

60' – Euro 130

3-phase intensive treatment of fibrous cellulite and fat: radiofrequency phase that stimulates blood circulation, ultrasound phase with fat burning effect and draining phase with skin tightening effect.

Body Sculpt Shock

60' - Euro 130

3-phase intensive slimming treatment ideal for localized fat deposits: peeling phase that renews skin, shock cavitation phase that melt fat deposits and re-shaping phase that helps drain waste products.

Body Sculpt Draining

60' – Euro 130

2-fase professional body treatment for circulatory reactivation and deep drainage: biphasic massage concentrate with anti-edematous effect and decongestant wrap with pressotherapy for belly and legs fat reduction.

Doctor Babor 3D Cellulite

40' - Euro 130

Intensive state-of-the-art body treatment made with reducing cosmeceutical products to provide three-dimensional anti-cellulite effect. A heating wrap, with exapeptide-39, caffeine and forskoline, reduces fatty deposits and visibly improves skin's appearance. Finally, a peptides complex gives your body firmness and nourishment.

Energy Body

60' - Euro 90

Computerized electronic system for deep heat therapy, performed using special thermo-regulating bands. It produces an increase in body temperature in the treated areas, allowing vasodilation, the increase in the amount of oxygen carried to the tissues and the speeding up of the metabolism. Ideal for treating abdomen, waistline, hips, buttocks and thighs.

Infra Heat

From 30' - From Euro 80

An endogenous thermal transfer device that promotes the delivery of active cosmetic ingredients by vasodilation. Recommended for cellulite treatments, adipose layer reduction, body remodeling, skin tensioning, prevention of wrinkles, collagen and elastin regeneration and facial lifting.



Volume Eyelash Extensions

90' – Euro 140

This is an advanced application technique that provides a soft voluminous appearance and creates the illusion of having more natural eyelashes. You can apply up to 4 individual extensions to every natural lash. Lashes are available in different curls, thicknesses and lengths to suit your style. Lash extensions last through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, a refill is needed to maintain a full look.

Volume Eyelash Extensions Refil

70' – Euro 90

A refill is needed to fill in any lashes that have fallen due to the natural cycle of your own lashes, typically every 3-4 weeks.

One to One Eyelash Extensions

75' – Euro 100

Eyelash extensions are applied to your own natural lashes, one by one, to give the illusion of wearing mascara. Lashes are available in different curls, thicknesses and lengths to suit your style. Lash extensions last through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, a refill is needed to maintain a full look.

One to One Eyelash Extensions Refill

60' – Euro 75

A refill is needed to fill in any lashes that have fallen due to the natural cycle of your own lashes, typically every 3-4 weeks.

Lash Lift Treatment

55' - Euro 65

Treatment that instantly gives your lashes lift, curling, separation and extra definition. Thanks to the use of ingredients like amino-acids, keratin and argan oil, this technique nourishes and strengthen your natural lashes. Ideal for straight, sloping, dry and damaged lashes. Lash lift treatment lasts through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, it is possible to repeat the treatment.

Eyebrow Lamination

55' - Euro 50

Treatment that will help give you a uniform and full eyebrow shape. This is the ultimate solution for eyebrows that do not have symmetry or where the hairs follow a different pattern. With lamination we can realign the eyebrows in such a way to give them the desired shape you want and a fuller look. Lamination lasts typically 3-4 weeks. After this period, it is possible to repeat the treatment.

Semi Permanent Mascara

55' - Euro 60

Semi permanent mascara is applied to upper and lower lashes and allows you to adapt lash thickness and avoids the everyday hassle of applying and removing mascara. Mascara lasts through a full growth cycle of natural eyelashes, typically 3-4 weeks. After this period, it is possible to repeat the treatment.

Eyelash or Eyebrow Tinting

35' - Euro 35

Eyelash or eyebrow tinting gives you a dramatic look, without the need for make up. Eyelashes appear noticeably darker and longer while eyebrows look thicker and more defined. Both treatments last 3-4 weeks. After this period, it is possible to repeat them.



Spa Manicure with Vinylux Polish

60' – Euro 38

A wellness and beauty treatment for your hands including nail shape, cuticle care, gentle scrub, massage with moisturising cream and Vinylux long-lasting polish available in a wide range of colors.

Spa Pedicure with Vinylux Polish

60' – Euro 58

A wellness and beauty treatment for your feet on a jacuzzi spa chair. It includes nail shape, cuticle care, gentle scrub, massage with moisturising cream and Vinylux long-lasting polish available in a wide range of colors.

Vinylux Polish Change

20' – Euro 18

Nail shape and Vinylux long-lasting polish available in a wide range of colors.

Spa Manicure with Shellac Gel Polish

60' – Euro 73

A wellness and beauty treatment for your hands including nail shape, cuticle care, gentle scrub, massage with moisturising cream and Shellac gel polish available in a wide range of colors.

Spa Pedicure with Shellac Gel Polish

60' – Euro 93

A wellness and beauty treatment for your feet on a jacuzzi spa chair. It includes nail shape, cuticle care, gentle scrub, massage with moisturising cream and Shellac gel polish available in a wide range of colors.

Shellac Gel Polish with Dry Manicure/Pedicure

45' – Euro 45

Nail shape, cuticle care and Shellac gel polish available in a wide range of colors.

Nail Extensions

80' – Euro 130

Full set of nail extensions. Manicure can be customized with a maximum of 2 decorations.

Nail Refill

60' – Euro 75

Nail Extensions Refill. It is done every 3 weeks and includes maximum 3 broken nails and 2 decorations.



Natural Nail Overlay

A coat of gel on top of your natural nails. Manicure can be customized with a maximum of 2 decorations.

60' – Euro 90

Color Change

Nail shape and application of a new color on nail extensions. It is done maximum 2 weeks after nail extensions or refill.

30' – Euro 35

Combi Style Manicure

Customized manicure ideal in case of imperfect nails. Thanks to a combination of systems and technologies, it is possible to strengthen and extend natural nails, obtaining perfect length, shape and glistening

60' – Euro 60



Skin's Brazilian Waxing

Skin's is the innovative brazilian method for a gentle, long-lasting and effective waxing. It has a much lower temperature of use and does not requires strips. It is almost painless and ideal for sensible skins and in case of folliculitis. The skin remains moisturized, soft and silky for a long time.

Full Leg
Half Leg
Hollywood Bikini
Brazilian Bikini
Calssic Bikini
Full Arm
Half Arm
Underarm
Eyebrow
Upper lip

Euro 43
Euro 24
Euro 33
Euro 26
Euro 21
Euro 29
Euro 21
Euro 17
Euro 13
Euro 10

Men's price list may vary.





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